Two Designs for Yokes in Filet-Crochet

By MRS. L. B. HAGUE

**FOR NO. 1—Using No. 30 crocheting cotton, or a thread that will give 7 spaces to the inch, make a chain of 96 spaces:**

1. A treble in 4th stitch, chain 2, 1 treble in next stich (chain 30) times, turn. If preferred the row of 31 stitches may be made without a long chain, as follows: Chain 8, a treble in 4th stich of chain; chain 5, turn a treble in 3d stich of chain; repeat until you have the required number of spaces.

2. Fifteen spaces, treble 15 stitches, chain 1, for 1st space of row, chain 3, turn in treble stitch.

3. Fourteen spaces, 10 trebles, 4 spaces, turn. 4.

4. 5. 6. Thirteen spaces, 10 trebles, 1 space, chain 3, turn, 1 treble, 7 spaces, turn.

5. Ten spaces, 9 trebles, (1 space, 10 trebles, 1 space, 4 spaces, turn, 8 trebles, 1 space, turn.

6. Nine spaces, 8 trebles, 4 spaces, 1 treble, chain 3, turn.

7. Eight spaces, 7 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

8. Seven spaces, 6 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

9. Six spaces, 5 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

10. Five spaces, 4 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

11. Four spaces, 3 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

12. Three spaces, 2 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

13. Two spaces, 1 treble, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

14. One space, 1 treble, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

15. No. 1 finished. For No. 2, using No. 30 crocheting cotton, or a thread that will give 7 spaces to the inch, make a chain of 60 spaces.

16. A treble in 4th stich, chain 2, 1 treble in next stich (chain 30) times, turn. If preferred the row of 31 stitches may be made without a long chain, as follows: Chain 8, a treble in 4th stich of chain; chain 5, turn a treble in 3d stich of chain; repeat until you have the required number of spaces.

17. Fifteen spaces, treble 15 stitches, chain 1, for 1st space of row, chain 3, turn in treble stitch.

18. Fourteen spaces, 10 trebles, 4 spaces, turn. 19. 5. 6. Thirteen spaces, 10 trebles, 1 space, chain 3, turn, 1 treble, 7 spaces, turn.

20. Ten spaces, 9 trebles, (1 space, 10 trebles, 1 space, 4 spaces, turn, 8 trebles, 1 space, turn.

21. Nine spaces, 8 trebles, 4 spaces, 1 treble, chain 3, turn.

22. Eight spaces, 7 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

23. Six spaces, 5 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

24. Five spaces, 4 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

25. Four spaces, 3 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

26. Three spaces, 2 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

27. Two spaces, 1 treble, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

28. One space, 1 treble, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

29. No. 2 finished.

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**Needlecraft**

September

**What's He Going To Be?**

Hard to realize the tremendous human possibilities of His Royal Childhood pictured above! Suppose though, that Shakespeare were your baby and you didn't know it!

But a baby's whole future depends upon sleep and bodily comfort, together with careful feeding.

Constant skin irritation and the involuntary habits of babies destroy their sleep. Cleansing properly the warm bath and then the protective application of talcum.

Dust and rub Meenan Borated Talcum Powder softly into all the clubby folds and creases of that flower-soft skin! The soothing is almost magical. The little limbs are relaxed and comforted. Sleep comes, stowing up a future of health, calm nerves, abounding energy.

Meenan was the first Borated Talcum and has never been bettered. It is safe.

Adults enjoy it also, for a talcum shower after the bath—talcum in tight shoes—after shaving—talcum between the sheets on a hot night, have brought skin comfort to the whole family.

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**Meenan's**

**Needlecraft**

September

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By MRS. L. B. HAGUE

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1. A treble in 4th stich, chain 2, 1 treble in next stich (chain 30) times, turn. If preferred the row of 31 stitches may be made without a long chain, as follows: Chain 8, a treble in 4th stich of chain; chain 5, turn, a treble in 3d stich of chain; repeat until you have the required number of spaces.

2. Fifteen spaces, treble 15 stitches, chain 1, for 1st space of row, chain 3, turn in treble stitch.

3. Fourteen spaces, 10 trebles, 4 spaces, turn. 4.

4. 5. 6. Thirteen spaces, 10 trebles, 1 space, chain 3, turn, 1 treble, 7 spaces, turn.

5. Ten spaces, 9 trebles, (1 space, 10 trebles, 1 space, 4 spaces, turn, 8 trebles, 1 space, turn.

6. Nine spaces, 8 trebles, 4 spaces, 1 treble, chain 3, turn.

7. Eight spaces, 7 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

8. Seven spaces, 6 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

9. Six spaces, 5 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

10. Five spaces, 4 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

11. Four spaces, 3 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

12. Three spaces, 2 trebles, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

13. Two spaces, 1 treble, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

14. One space, 1 treble, 4 spaces, 1 treble, 4 spaces, 1 treble, chain 3, turn.

15. No. 1 finished. For No. 2, using No. 30 crocheting cotton, or a thread that will give 7 spaces to the inch, make a chain of 60 spaces.

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20. Five spaces, 4 trebles, 4 spaces, turn.

21. Four spaces, 3 trebles, 4 spaces, turn.

22. Three spaces, 2 trebles, 4 spaces, turn.

23. Two spaces, 1 treble, 4 spaces, turn.

24. One space, 1 treble, turn.

25. No. 2 finished.
One Food Cost That Stays Down

Still 5 Cents Per 1000 Calories

Quaker Oats—the food of food costs you five cents per 1000 calories—The energy measure of food values. That is one-tenth of what meat costs—one-tenth of what fish costs on the average.

Some common foods on this calorie basis, cost from 15 to 30 times oats. Make Quaker Oats your breakfast. Use this low cost to average up your food cost.

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A Collar of Modish Shape in Antique Filet

By MRS. BERTHA KNORR

THERE is no more popular “all-weather” pattern in crocheting, and none more effective than the antique or “fillet.”

There are many different sizes for this collar, and it may be used for a long time. The collar is crocheted at the sides, and then the shoulder points are increased to the desired size.

White or soft cotten may be used. No. 30, finer or coarser. If finer thread is preferred, or a larger collar is wanted, you have only to add an extra “fillet” to the width of the collar. Make a chain of 66 stitches, turn.

1. A treble in 6th stitch, chain 2, miss 2, 1 treble in 3 times, turn.

2. Chain 5, 2 trebles in last space of preceding row and treble in treble, chain 7, miss 2 spaces, a double in treble, 3 in space and 1 in treble, chain 7, miss 2 spaces, 4 trebles in next 4 stitches, repeat from * 3 times, chain 2, a treble in same space with last treble (no width), turn.

3. Edges (like 2nd row to *); chain 2, miss 2, treble in treble and 1 under chain, chain 5, 3 doubles over 6 chains, missing 1st and last, chain 5, 3 doubles under chain and treble in treble, repeat across, ending with chain 2, miss 2, 4 trebles, width (9 1/2) 39 1/2, repeating from * to *.

4. Edges: * chain 4, double in space, 3 in last 2 spaces, 4 trebles of last row, treble in treble 3 under chain, chain 5, 4, double treble in 5th of 4 doubles, chain 3, 3 doubles under chain and treble in treble, repeat, across, ending with chain 5, 4, doubles, chain 4, 4, trebles, width.

5. Edges: * chain 5, a double in double treble and 1 in chain, chain 5, miss 3 trebles below, treble in treble and 3 under chain, chain 5, 3 doubles over 3 double trebles and 1 under chain, chain 5, 3 doubles, chain 7, doubles, 7, doubles, width.

6. Same as 5th row, only with an extra repeat.

7. Same as 5th row.

8. Same as 6th row.

9. Same as 4th row across shoulder, ending with 4 trebles, 3 spaces, turn.

10. Two spaces (chain 5, treble in next treble, for 1st space), 4 trebles, chain 4, double treble in 5th double, and continue same as 4th row, ending with * 3 trebles and a double treble under 4 chain of last row, narrow, turn.

11. Edge (like 30th to *); chain 2, 4 trebles, chain 5, 3 doubles, and continue the pattern same as 4th row, ending with * 3 trebles, turn.

12. Four spaces, 4 trebles, chain 7, and continue like 6th row, ending same as 9th row.

13. Chain 3, 2 trebles in space and treble in treble, chain 7, and continue like 6th row, narrowing at end.

Work as directed until you have five half diamonds of spaces above the neck edge and have reached the 78th row, which will consist of 4 trebles, narrow, then chain 7, turn, fasten in top of 7 chain (representing 1st treble of 7th row) and fasten off. Fasten in on the other side (at beginning of 59th row) and work across, turning around at end.

Work around the neck with a double in each stitch and 2 1/2 in each space. Fasten the edge as follows: Two trebles and 2 double trebles in spaces, chain 5, fasten back in 1st stitch for a picot, 2 double trebles and 2 trebles in same space, completing the shell, fasten with a double in next space, and repeat.

Cuffs to match the collar are easily made, either straight or with a point.

Two Designs for Yokes in Filet-Crochet

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Continue in this way until you have completed the 15th row; or, if desired, work a border of 15 trebles, making 43 rows in all.

95. Chain 5, 2 trebles in last space, and 1 chain each side, chain 7, miss 2, 4 trebles, 4 trebles in next 4 spaces, repeat across, ending with chain 7, 4 doubles, 7, doubles, width.

100. Same as 48th row, only with an extra repeat.

As a treble in 1 row, and on the other make 15 trebles in 10 spaces, chain 6; 1 repeat; the spaces are for buttom holes, and may be spaced as desired, according to the buttons, which are sewed on the other side of the front.

Finish off, secure, and cover with a row of 6 trebles in each space, chain 2, trebles on one front, and on the other make 15 trebles in 16 spaces, chain 6; 1 repeat, repeating this down the bottom edge; and, forming a shell, finish in the 15 trebles and in each space, fastening both edges with 1 double treble in each space, forming the edge with 1 double treble in each space, forming a shell, and finishing in the same manner as the back.}

For a wider shoulder-stay, if wished, use the rose insertion of basic yoke.

NOTING many requests for voices for children, I wish to tell how I provide such voices for my little ones; I choose any pretty pattern and follow the same, working back from the neck to the shoulders. I then complete the back. The increasing for the front now begins. For this I repeat, missing 3 trebles, 4 trebles in 1 treble and 3 under chain, * chain 5, 3 doubles over 5 trebles, and continue miss 2 (or 1 space), and repeat. Add the little piece edge described, or any other that may please, by carrying this down the bottom edge of front and forming a shell, and finishing in the 15 trebles and in each space, fastening both edges with 1 double treble in each space, forming a shell, and finishing in the same manner as the back.

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A Collar of Modish Shape in Antique Filet

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